

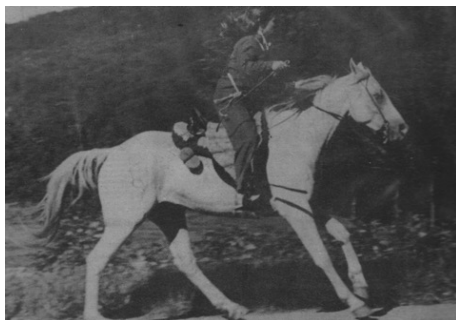


Vermont 100
&
Moonlight in Vermont 50/75



July 21, 2018

The 30th Vermont 100 Endurance Ride and Run



How It All Began...

In 1977, at the pre-ride briefing of the Tevis Cup 100 mile ride in Squaw Valley, California, Wendell Robie in his how-it-all-began speech made mention of the Green Mountain Horse Association and their 100 mile event that began in 1936. When I got back to South Woodstock I was so bent on having a Tevis-like ride here in Vermont. Riders Betsy Cook and Sonny Holt and myself, along with Cornell Veterinarian Dr. Steve Roberts, made it happen in 1980. For the first three years we held the ride in Pomfret at Bill Emmons's Cloudland Farm and attracted riders like Dr. Matthew MacKay Smith, Maggie Price, Valerie Kanavy, Nancy Beacon, Robin Culver (now Groves). The ride was not held for a couple years because riders were not pre-entering and the Volunteer workers felt it was too much work to do not knowing if riders were going to show up.



Then in 1985, I brought the ride to our Smoke Rise Farm where it was held until 2004. Endurance rider Laura Farrell from Brownsville Vermont decided to run the Human 100 mile marathon at the Old Dominion in Front Royal, Virginia, winning the fastest woman award. Laura

was hooked and approached me with the idea of combining our Equine 100 mile event with the Human 100 mile marathon, and I thought that would be great. The year was 1988 and the event would be a benefit

for the Vermont Handicapped Ski and Sports Association, a very worthwhile and appropriate organization.

Gordon Ainsleigh was the person who turned the Tevis into a ride/run when he decided that his horse was only slowing him down. He became the first person to run 100 miles. Gordon came to Vermont to run in 1999. Tevis, Old Dominion, and Vermont were three events that had horses and runners on course at the same time.



Eventually the Old Dominion and the Tevis ride/run split into two separate events, leaving the Vermont 100 the last and only event with horses and runners competing on the same trail. For many years we had Tuxedo-clad piano player Ed Chenoweth playing "Chariots Of Fire" under the light of a Liberace-like candelabra beginning at 4 A.M. for the start of the run and again at 5 A.M. for the start of the horse endurance ride. There were fireworks off in the distance announcing the start of each event as well. The night before was a sit-down supper in the indoor arena for participants and their crews and the volunteers. Then on Sunday, the Hartland Volunteer Fire department put on a Chicken Barbecue for the same group before the completion belt buckle awards were given out. In 2004, the ride venue was moved just up the road to Jose Bernatchez's Silver Hill where her big field was perfect for horse rigs and tents. Sue and John Greenall worked so hard to put on a class act for everyone involved. Managing Volunteers (and there are so many) and getting permission from so many private land



owners, along with hiring Veterinary judges and marking trails is a monumental task. Sue and John are unsung heroes in my book.

Steve Rojek

WELCOME / BASIC INFORMATION



On behalf of the Ride Committee, we wish you a great ride. GOOD LUCK and enjoy the Vermont scenery and hospitality. Please also observe the following:

There will be several trail changes due to conditions and logging. Some might be major, so riders need to come to the pre-ride meeting!

Keep dogs in the horse camping area and on a leash. Many runners want to bring dogs and are not allowed to. In the interest of courtesy, please be discrete about your dogs.
NO DOGS LEFT UNATTENDED!

ONE properly tagged crew vehicle per rider.

PLEASE drive with care and reasonable speed. The #1 complaint from locals is fast truck traffic on back roads. Don't be the one...!

Briefings are mandatory to review trail conditions, markings, locations and checks and holds, plus any last minute changes. This is the time to ask questions.

Please return unused water to the water tanks at the holds!

All horses pulled from the ride must see the treatment vet at the treatment barn before returning to camp. No horse may be removed from the grounds prior to the finish of the event without veterinary permission.

Silver Hill Road must be clear for vehicles at all times. Please walk/ride your horses and yourselves on the grass on the side of the road.

There is no pre-riding of the trail, but there are instructions on how to pre-ride the finish later in this program.

A friendly reminder to all participants and guests – please be respectful of the beautiful environment that surrounds you. Leave no trace!

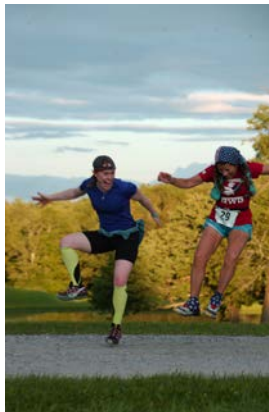
Please thank all of the wonderful volunteers for making this event happen!

Happy Trails!!

The Vermont 100 Committee:

Dr. Pam Karner, Jenny Kimberly, Dr. Heather Hoyns, Steve & Dinah Rojek, Jo Steele, Kathy Callan Rondeau, Mel & Jeff Blittersdorf

Landowner Liaison: Sue Greenall



Event Schedule

Thursday

NOON – Horse camping opens

Friday

9:00 am – Runners camping opens

10:00-3:45 pm – Runner registration, weigh-in and physical exam
(medical tent)

12:00-4:00 pm – Horse registration (white house area)

2:00-4:00 pm – Blacksmith available (ride camp)

2:00-3:30 pm – Horse vetting (finish line area)

4:00 pm – AWD (athletes with disabilities) briefing

4:15 pm – Runner pre-race briefing

4:15 pm – Horse pre-ride briefing (white house area)

5:00 pm – Dinner (main tent). **Bring a cup!**

Saturday

3:00-3:45 am – Runner check-in (main tent)

4:00 am – Trail opens for 100-mile runners

4:45 am – 100-mile ride check in (start line)

5:00 am – Trail opens for 100-Mile ride

9:00 am – 75-mile ride check in (start line)

9:00 am – Trail opens for 100K runners

9:15 am – Trail opens for 75 mile riders

1:45 pm – 50-mile ride check in (start line)

2:00 pm – Trail opens for 50-mile ride

Sunday

2:00 am – Trail closes for 50-mile riders

3:15 am – Trail closes for 75-mile riders

5:00 am – Trail closes for 100-mile riders and 100K runners

9:30 am – 50, 75 & 100-mile ride awards (white house)

10:00 am – Trail closes for 100-mile runners

10:30 am – Barbecue (main tent). Bring a cup!

11:00 am – 100K & 100-mile run awards (main tent)



THANK A VOLUNTEER
THEY MAKE THIS EVENT HAPPEN FOR YOU!

THE PEOPLE WHO MAKE THIS HAPPEN

VETERINARY STAFF

Dr. Kerry Scholz – Head vet
Dr. Susan Johnson – Treatment vet
Dr. Diane Johnson – On-call vet before ride
Dr. Nick Kohut
Dr. Matt Kornatowski
Dr. Joan Hiltz
Dr. Julia Gray
Dr. Anne Dewar
Dr. Jennifer Madera

FARRIERS

Joel Amyx, CF
Mike Wildenstein, CJF, FWCF (hons)
Available Friday and during the ride
Please take care of payment before leaving



2018 VOLUNTEERS

Pam Karner	Ema Farkash	Lee Alexander
Rachel Lodder	Jade Mullins	Toby Bartlett
Judy Voll	Vicki Neiduski	Betty Wells
Shelby Hall	Jan Lord	Carl Prentice
Lea Adams	Jill Barber	Chip Kendall
Emily Berman	Helmer	Linda Glock
Louise Carino	Emily Bryant	Pat Rosson and family
Terry Emmitt	Joyce Martin	Bruce Hickey
Leslie Brooks	Janet Mayberry	Sue Greenall
Ranelle Kohut	Jackeline Webb	John Greenall
Rheanna Foley	Robin McGrath	Dinah Rojek
Sue Boyer	Monica	Steve Rojek
Dan Boyer	McKenna	Jo Steele
Rich Stedman	Ellen Tully	Tom Rondeau
Doug Bejarano	Bambi Pringel	Heather Hoyns
Wendy Bejarano	Hallie Goetz	Jenny Kimberly
Ann Marie	Linda Ferland	Jeff Blittersdorf
Saveno	Roberta Bryant	Mel Blittersdorf
Susan	Lynn Bryant	Roy Dinnan
Reinheimer	Michelle Grald	Rene Dinnan
Joanie Mitchel	Laurie Hall	Gaynor Coassin
Eva Norris	Fred Weremey	Gary Butterfield
Tracy Ostler	Olga Spanhoff	Arminda
Barbara Estey	Todd Blevins	Mattoon-Pletl
Steve Rojek's farm crew	Joy Axten	Karl Mattoon- Pletl
Ginny Wilson	Barabara	Cathy Turcotte
Polly Smith	Gerstner	
Kelly Kruse	Kathy Hall	
Kathy Callan-Rondeau		

THANK YOU!

LANDOWNERS

A HUGE thank you is due to the landowners, who allow the events of the Vermont 100 to use their property each year.

Germain Allen	Jane Ashley
Fred and Corrine Barr	Matt Birmingham
Bill and Mary Jo Bentley	Mary Jo Cooke
Gail Davis	Tom Debevoise
Debbi Deely-Culbertson	Brad and Gail Devine
Timothy Durkin	Tom and Jennifer Eddy
Bob and Lucille Evens	Rick and Kathleen Fallon
Linda H. Farnsworth	Robert and Laurie Ferris
Galaxy Hill Farm	Stacey Gallowhur
John and Pam Gerstmayer	Lee Goodman
John Gratiot	Jason Gravelle
Sue and John Greenall	Roland and Susan Greenvall
James Hagedorn	Larry and Susan Hathorn
Jane Jackson	Edith Johnson
Anne Johnston	Michael Keating
Dan and Julie Kenary	Ruth Little
Edna Luce	Joey and Jessica McIntyre
Christine Mckenzie	Wynn and Betsey Medinger
Nancy Mitchell	James and Lisa Mooney
Renee Johannensen	Jane Osgood and Ted Hilles
Kevin and Debbie Osgood	Ashley Pakenham
Mary Rech	Steve and Dinah Rojek
Tom and Kathy Rondeau	Alison Sander
John Seabrook Jr.	Ken See
Ad and Mavis Shaw	Boolie and Justin Sluka
Gardner and Cathee Smith	Matt and Sheri Smith
Polly Smith	Laura Spittle
Bill Stillson	Elisa Tarlow
Steve and Lois Tynan	White Birch Farm
New England Forest Foundation	

GENERAL RULES AND INFORMATION

Do not, for any reason, park near the tent: that area must be kept open for emergency vehicle use!

All riders must be wearing helmets when mounted.

Any horse remaining in camp during the ride must have someone available to care for it, please!

All riders must wear **lighted gear** (glow sticks are ok) front and rear for the night portion of the ride. We ride right past the constable's house, so please plan accordingly.

ALL horses pulled need to be cleared at the treatment barn before leaving camp. This includes rider option pulls.

PLEASE drive conservatively on the narrow dirt roads at all times coming and leaving camp.

There are dumpsters located next to the big tent – please do not leave any debris at your campsite. We have quite a few bear in these woods looking for an easy snack.

A nightly noise curfew will be in place at Silver Hill: 10PM on Friday night and 11PM on Saturday night. We wish it were different but no cheering after this hour.

Please leave your campsite clean, with manure and hay spread evenly across the field.



WATER

Please do not use the tanks located at the finish line until you finish or are a 50 mile rider at PC#A.

Please conserve water, fill & refill your tanks at the following places:

- Hose at **Silver Hill barn**, across road from camp.
- **South Woodstock Fire House** has a hose between the doors.
- **Kedron Valley Stables** - Rte 106 just north of South Woodstock.

Please return any clean, unused water to the hold tanks.

Water on trail: Landowners put out tanks and hoses: RIDERS keep your eyes open for these, and use the hose on your horse. We ask them to put tanks in visible spots.

SUPPLIES *Ice goes fast - buy early.*

- Ascotney (Exit 8 on I-91)
gas/diesel/food/ice
- Downer's Store (junction of VT106 & RT131, south of camp)
gas/diesel/food/ice
- Mike's in Hartland (RT 5 after Exit 9 of I-91) gas/diesel/food/ice
- Sunoco Woodstock (RT 4W)
gas/diesel
- Maplefield's Woodstock (RT 4W)
gas/food/ice
- Cumberland Farms Woodstock (RT 4W) gas/food/ice
- Teago Store (Pomfret) food/ice
- South Woodstock Store (RT 106) food/ice
- Reading Country Store (RT 106) food/ice
- Price Chopper, Windsor (RT 5N) food/ice
- Cumberland Farms, Windsor (RT 5) gas/food/ice



Use these links for more info about supplies and a map:

<https://docs.google.com/document/d/1PevVLrIAsUZSRomTRbdYH1pEHGYsArZ5wTGVXZ4Jjk/edit?usp=sharing>

<https://drive.google.com/open?id=1Nn9-Bw-M3KIJMuepsdSuHCU-FZQ&usp=sharing>

CREW TRUCKS

When on trail, watch for runners, especially at night! When approaching horses it helps to use just your parking lights. Do not stop in the middle of the road to talk and pull off as much as

possible when parking. Please obey the speed limits, or go slower. Big trucks hogging the road are the biggest complaint we get from locals. Runners also have support crews who are being asked to be cautious. All vehicles must be tagged or forfeit your rider!

TRANSPORTING CREW BAGS

This ride has all holds away from camp. We are not allowed to bring crew bags to the holds before the holds open. They are on private property and wildlife (bear) damage is a concern. Many riders have crews but if you do not, try to pair up with someone. But.... read on. We will bring your **SMALL** crew bag to a hold. All holds have grass, we will provide some hay at hold 5, we will have some buckets at each hold. You must have a separate bag for each hold and do not expect to see that bag again until Sunday. Please leave your bag, marked with your name at the specified spot near the white house. Instructions will be given at the pre-ride briefing. Please help us make this a success by having small bags, picking up after yourself at the end of the hold, and returning your bag to the specified location.

TRAIL MARKING

The **100 mile** trail is marked by and for the runners. The course is marked with 8" diameter **yellow** plastic plates, with bold dark black arrows indicating go right, left or straight. The plates are low so runners can see them. The standard for a turn will be 1 arrow plate 50 to 100' before the turn, 2 plates at the turn and a confidence plate 50 to 100' after the turn. Confidence means a yellow plate with a black letter C on it. The night section will be marked with green glow sticks. **Horse trail deviations will be marked with white plates with black (maybe some red) arrows and the word Horse. Night section deviations are RED glow sticks.**

The **75 mile** first loop is **orange** plates with white arrows, then follow **pink** plates with black arrows to hold #2, after which **yellow** plastic plates with bold dark black arrows indicating go right, left or straight. The plates are low so runners can see them. The standard for a turn will be 1 arrow plate 50 to 100' before the turn,

2 plates at the turn and a confidence plate 50 to 100' after the turn. Confidence means a yellow plate with a black letter C on it. The night section will be marked with green glow sticks. **Horse trail deviations will be marked with white plates with black (maybe some red) arrows and the word Horse. Night section deviations are RED glow sticks.**



The **50 mile** trail is marked with **orange** plates with white arrows all the way to hold #4, then follow **yellow** plastic plates, with bold dark black arrows indicating go right, left or straight. The plates are low so runners can see them. The standard for a turn will be 1 arrow plate 50 to 100' before the turn, 2 plates at the turn and a confidence plate 50 to 100' after the turn. Confidence means a yellow plate with a black letter C on it. The night section will be marked with green glow sticks. **Horse trail deviations will be marked with white plates with black (maybe some red) arrows and the word Horse. Night section deviations are RED glow sticks.**

Riders are responsible for following marked routes and deviations!
Please take the time to read all signs. It is a good idea to carry a flashlight for the night section of the trail if you need to check.

Pre-ride the FINISH

From the finish line, follow **WHITE** triangles and white streamers that will take you 2 miles to the Jenneville Bridge. At this point, **TURN AROUND** and ride back on the marked **YELLOW** trail to the finish. **NO** other trails are open for riding!!!



Course Records

11:22 – Hot Desert Knight, Farzad Faryadi – 2009

14:47:35 – Brian Rusiecki (men) – 2014

16:42:32 – Kami Semick (women) – 2010

Vermont Adaptive Ski & Sport

Vermont Adaptive was founded by Laura Farrell in 1987 operating at Ascutney Mountain Resort as the Vermont Handicap Ski Foundation. It was the first disabled skiing program in Vermont that worked with people of all ages and abilities and promoted the beneficial aspects associated with sports and recreation.

During this same time, Laura and her running and equine friends and dedicated supporters of the organization established the VT 100 and the VT 50 races to help subsidize the organizational expenses.

The VT 100 Endurance Race is one of Vermont Adaptive's largest fund-raisers. The entry fee and participation in the optional pledge program make it possible for people with disabilities to experience the thrill of sports that is often taken for granted by able-bodied athletes.

To learn more about how your participation in the Vermont 100 helps thousands of adaptive athletes a year visit us online at www.vermontadaptive.org

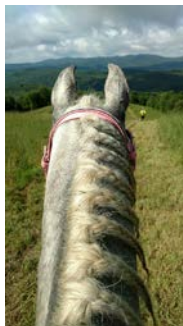


PHOTO CREDITS: Linda and Justin Miller / Spectrum Photography,
Angela Kemerer, Rachel Lodder

VERMONT 100 PIT CREW DIRECTIONS

Maximum finish time 5:00 am

ABSOLUTELY NO CREWING OTHER THAN AT THESE LOCATIONS! PLEASE DO NOT TAKE ANY SHORTCUTS!

These directions get you there with minimal driving on trail.

DO NOT dump grain at holds. Landowners' dogs eat it and then get sick on the house carpet! THANK YOU!

PC#1 Gratiot's Field (mile 16) 10 minute stop and go: opens 6am, closes 7:30am. Crews leave base camp no sooner than 10 minutes after horses leave. Turn L out of camp, go up Silver Hill, stay right at the triangle. You are on Bryant Road at the bottom of the hill turn R onto Rush Meadow (1.4 mi). Stay on Rush Meadow, which turns into Morgan Hill, (5.2 miles) until you get to Rte 106 (paved road). Turn R onto Route 106 North. Follow Route 106 into the town of Woodstock. BEWARE of the 25 mph sign in towns, they mean it! Turn R at The Green (Woodstock Inn on right), as soon as you get past the green Turn L onto Route 12 North (middle of town). Cross over the bridge, bear R on Rte 12 and after 0.3 miles, just past Billings Farm, Turn R onto Old River Road. Continue on River Road for 1.5 miles. Turn L on High Pastures Road go 0.5 miles to field on your right. Signs will point you into the field. DO NOT drive beyond the level area, the horses will come up the hill to the crew. *[from camp to PC#1 it is 13.2 miles, about 30 minutes]*

Hold #1 Galaxy Hill Farm (mile 22) 6:30 - 8:40am 30 min hold
Turn L out of the field go 0.5 miles on High Pastures Road, continue 1.5 miles on Old River Road. Turn R onto Route 12 North. In 0.5 miles the road will fork, take the R fork onto Pomfret Road. Go 2 miles to the next fork (**Teago Country Store**) Turn R at the fork, which is still Pomfret Road. Go 3.8 miles and Turn R onto the SECOND Galaxy Hill Road sign, which is 0.8 mile from the first sign (you are on trail at the first sign DON'T TURN THERE). On Galaxy Hill Road go 0.4 miles to the next intersection, Turn L on Old King's Highway, the hold will be on your left. *[from PC#1 to Hold #1 it is 9 miles, about 16 minutes]*

PC#2 Hall Circle (about mile 33) Turn R out of hold, Turn R on Galaxy Hill and return to the paved road (this is the way you came in), Turn L (ON TRAIL) onto paved road. Go 3.8 miles back to the Teago Country Store, staying to the left at the fork. Go 1.7 miles to Stimets Road. Turn R onto Stimets Road, then turn R onto Route 12N (Barnard Road). Go 0.7 miles, Turn R onto Gully Road. Go 0.4 miles and Bear L at fork onto Hall Circle. Go another 0.4 miles until you see "PC#2 Parking" signs on the right and #424 on mailbox on left. Parking is from here down to the "T" intersection with the trail, which is 0.1 mile from this spot. Please no parking on the trail. Please crew ONLY on Hall Circle, NOT on the trail. This is a tight crew spot, so please be courteous to riders, runners & crew.

[from Hold #1 to PC#2 it is approx. 8.5 miles, about 17 minutes]

PC#3 Cox District Road (about mile 37) Continue on Hall Circle to "T" with Trail (on Austin Road, but the sign only says Hall Circle) and Turn L at "T" (YOU WILL BE ON TRAIL FOR 0.5 MILES, SO BE CAREFUL OF RIDERS & RUNNERS) and go 0.5 miles to R turn onto RT 12 N (Barnard Road). Go 0.1 mile and Turn L onto Prosper Road for 2.3 miles to US Route 4, Turn R on Route 4, Go 0.5 miles. Turn R onto Cox District Road TH23, Go 0.7 miles to intersection with trail on the right. Turn around. *[from PC#2 to PC #3 it is 3.5 miles about 8 minutes]*

Hold #2 High Brook (mile 45) 9:45am - 1:30pm 45 min hold
Return to US Route 4. Turn L and go into Woodstock (1.8 miles). About halfway around the Green, just before Woodstock Inn, Turn R onto Route 106 S (might be a tree branch blocking sign) to South Woodstock. Go through village of South Woodstock past firehouse (water fill up at the Fire House, there is a hose) and pass GMHA continuing on Route 106S. Pass Long Hill Rd (on trail!) 1 mile to Hodgekinson Rd, turn R. Hold area is .1 miles on your L. Please park as directed. *[from PC #3 to Hold #2 it is 10 miles, about 20 minutes]*

PC#4 Smith's (mile 50) Crews only, no spectators.
Leave Highbrook by turning R onto Route 106 South go for 3.6 miles. Pass Keepers Restaurant. Go .3 miles, turn at first R onto Agony Rd. Go .1 mile. DO NOT pass the dumpster (on your left)

or the blue house at the top of the hill. There is plenty of room to turn around and park by the dumpster do not park below the brown house. Horses will be coming down Smith's driveway and continue down the road and turn right at Keyes Road. DO NOT BLOCK trail. *[Hold #2 to PC#4 is 4 miles, about 8 minutes]*

HOLD #3 Mitchell's (mile 62) 1 - 6pm 50 minute hold

Go back down Agony Rd, Turn R onto Route 106 South. Go 2.5 miles to the village of Reading (watch speed limit signs!). Turn R onto Tyson Road at Watroba's Reading Country Store (ice!). Continue for 3.9 miles through the village of South Reading to Puckerbrush Rd. Turn L (ON TRAIL) and continue 0.3 miles. Turn L into the hold. Both horses and crews use the same entrance, please be careful. *[PC#4 to Hold #3 is 7 miles, about 13 minutes]*

HOLD #4 Tuacknback (mile 73) 3 - 9pm 45 minute hold

Turn R out of hold 3 (ON TRAIL) go 0.3 miles to Tyson Road. Turn R on Tyson Road and go back to village of Reading (3.9 miles). Turn L onto Rte 106, go 5.2 miles to Caper Hill Road. Turn R at Caper Hill Road (across from a logging operation and sign for Springbrook Farm). Go up Caper Hill Road 0.9 miles past Springbrook Farm to intersection. (ON TRAIL at intersection). Turn R onto Spears Cemetery Rd. Go 0.6 miles. Turn left into the drive, park on the right, crewing is on the left. Parking is TIGHT here, please follow parking directions. You may crew in the area under the trees or in the field. Please do NOT go to the barn for any reason. HORSES ONLY use first driveway. Someone will tell you where to park, parking will be tight so please follow directions! Is it time for lighted & reflective gear yet??? *[from Hold #3 to Hold #4 it is 10.9 miles, about 20 minutes]*

PC#5 Smoke Rise (mile 77) Turn R out of hold #4 to Caper Hill Road. Turn L and go down Caper Hill Rd. returning to route 106. Turn R on route 106 North, go 3.1 miles (pass GMHA on right) to Morgan Hill Rd. which is just before the fire station, (fill up with water at the fire station). Turn R, go up Morgan Hill Rd 1.7 miles. Turn L onto Reeves Rd. (CREW VEHICLES ONLY, ROAD CLOSED TO ALL OTHER VT100 TRAFFIC), Go 0.5 miles to a dirt driveway on the L. Pull into the driveway. Horses will be coming

out of the trail to your L as you pull in. Please drive up and turn around before crewing and do not block the trail as this area can be quite congested. Remind your rider that the trail splits as they leave: They go RIGHT, and runners straight. Lighted & reflective gear??? *[from Hold #4 to PC #5 it is 6.8 miles, about 15 minutes]*

PC#6 Ashley Pakenham's (mile 82) Turn R out of driveway. Go back up Reeves road. **DO NOT TURN L & GO DOWN REEVES ROAD, IT IS CLOSED TO VT100.** Go 0.5 miles back to Morgan Hill Road. Turn L onto Morgan Hill Road, which will turn into Rush Meadow Road (at 0.2 miles stay left on Rush Meadow) Stay on Rush Meadow Road for 2.1 miles to Bryant Road. Turn L on Bryant Road go 0.3 miles to Queen Victoria Road. Turn R on Queen Victoria (class 4 road it is rough) and go left into the field. Lighted & reflective gear??? *[from PC #5 to PC #6 it is 3.4 miles, about 9 minutes]*

HOLD #5 O&H Farm (88 miles) 6pm - 2am 30 minute hold

Go back out to Bryant Road, Turn R, go 0.6 miles to Silver Hill Triangle (ON TRAIL) Turn R and continue on Silver Hill Rd. for 1.7 miles (ON TRAIL!). Turn R on Brownsville/Hartland Rd. (paved road) Go 1.2 miles. Turn sharp L onto Coon Club Road. (ON TRAIL) Go 1.0 mile, Turn R onto Trafton Rd. to O&H Farm, Turn R at the first driveway. Please park on the grass to the right of the arena. If you do not have 4WD, please park in the ring, which is on the right before you get to the hold area! Parking is TIGHT, please park two deep, you can still get out. Please remind your rider to put on some form of lighted gear visible from both front AND back! *[from PC #6 to Hold #5 it is 4.6 miles, about 13 minutes]*

PC#7 Polly Smith's Little Brook Farm (mile 95) Turn L to leave O&H Farm onto Trafton Road, Turn L onto Coon Club Rd. (ON TRAIL 1 MILE TO THE PAVEMENT). Turn sharp R onto Brownsville/Hartland Rd. Go 2.8 miles to the SECOND Hammond Hill Rd. sign (first sign is 0.5 mile). Turn R on Hammond Hill Road, CAUTION: RIDERS AND RUNNERS CROSSING AT THIS POINT. Go 0.4 miles, Turn L just after the barn into the driveway. This is also a runner crewing station and will have lights, roped off areas and people, please park where directed. This is a very

fragile and congested crew area, please do as told! Return to the road to crew your rider. Polly will have a water trough on the road. She and her guests are available to help anyone who might need it. Absolutely no parking on the road, the constable lives next door! Please be very careful about leaving anything behind or we will lose this privilege. [*Hold #5 to PC #7 is 4.1 miles, about 10 minutes*]

FINISH – Silver Hill Meadow (100 miles) Finish by 5:00 am

Return to the paved road the way you came in. CAUTION – RIDERS AND RUNNERS CROSSING PAVED ROAD. Turn L on Brownsville Hartland Road, Go 1.7 miles to Silver Hill Road. Turn R on Silver Hill Road, go 1.7 miles to triangle (ON TRAIL for some of Silver Hill). Turn R at the triangle to Silver Hill Meadow. **NO TRUCKS AT THE FINISH LINE.** Please leave items at the finish before you leave camp and/or carry items to the designated area. Water will be available at the finish. Riders can go to their rigs before their completion exam. The finish timer will be in the tent at the finish line. You MUST have a finish time on the rider’s card in order to complete the completion exam. [*from PC#7 to Finish it is 4 miles, about 15 minutes*]

HOLD TIMES FOR 100 MILE RIDERS			
	Opens	Closes	Hold time
PC #1 Gratiot’s Field	6:00 am	8:15 am	10 min stop & go
Hold #1 Galaxy Hill	6:30 am	9:30 am	30 min
Hold #2 High Brook	9:45 am	2:30 pm	45 min
Hold #3 Mitchell’s	1:00 pm	6:45 pm	50 min
Hold #4 Tuacknbach	3:00 pm	9:45 pm	45 min
Hold #5 O&H	6:00 pm	2:00 am	30 min
<i>Closing time means pulse time</i>			

If you need assistance, ham radio operators are located at or near each of the holds (at the runner aid stations). Horse ambulance will be available at holds or you may transport your own horse. Cell coverage in Vermont is sporadic.
 Ride manager: Pam Karner 607-280-2282
 Jo Steele 603-208-7005

MOONLIGHT IN VERMONT 75 PIT CREW DIRECTIONS

Maximum finish time 3:15 am

ABSOLUTELY NO CREWING OTHER THAN AT THESE LOCATIONS! PLEASE DO NOT TAKE ANY SHORTCUTS!

These directions get you there with minimal driving on trail.

DO NOT dump grain at holds. Landowners' dogs eat it and then get sick on the house carpet! THANK YOU!

Hold #2 Highbrook Farm (mile 20) 9:45am-1:30pm 45 min hold

Crews leave base camp no sooner than 10 minutes after horses leave. Turn L out of camp, go up Silver Hill, stay right at the triangle. Turn R at Bryant Road onto Rush Meadow (1.4 mi). Stay on Rush Meadow, which turns into Morgan Hill, (5.2 miles) until you get to Rte 106 (paved road). At the pavement, turn L onto Route 106 South. Pass GMHA on your left. Pass Long Hill Rd. and continue south on Route 106 1 mile (on trail!) to Hodgekinson Rd, turn right. Hold area is 0.1 miles on your left. Please park as directed. *[Camp to Hold #2 is 8.3 miles, about 20 minutes]*

PC#4 Smith's (mile 25) Crews only, no spectators.

Leave Highbrook by turning R onto Route 106 South go for 3.6 miles. Pass Keepers Restaurant. Go .3 miles, turn at first R onto Agony Rd. Go .1 mile. DO NOT pass the dumpster (on your left) or the blue house at the top of the hill. There is plenty of room to turn around and park by the dumpster do not park below the brown house. Horses will be coming down Smith's driveway and continue down the road and turn right at Keyes Road. DO NOT BLOCK trail. *[Hold #2 to PC#4 it is 4 miles, about 8 minutes]*

HOLD #3 Mitchell's (mile 37) 1 - 6pm 50 minute hold

Go back down Agony Rd, Turn R onto Route 106 South. Go 2.5 miles to the village of Reading (watch speed limit signs!). Turn R onto Tyson Road at the Watroba's Reading Country Store (ice!). Continue for 3.9 miles through the village of South Reading to Puckerbrush Rd. Turn L (ON TRAIL) and continue 0.3 miles. Turn L into the hold. Both horses and crews use the same entrance,

please be careful. *[from PC#4 to Hold #3 it is 7 miles, about 13 minutes]*

HOLD #4 Tuacknback (mile 48) 3 - 8:45pm 45 minute hold

Turn R out of hold 3 (ON TRAIL) go 0.3 miles to Tyson Road. Turn R on Tyson Road and go back to village of Reading (3.9 miles). Turn L onto Rte 106, go 5.2 miles to Caper Hill Road. Turn R at Caper Hill Road (across from a logging operation and sign for Springbrook Farm). Go up Caper Hill Road 0.9 miles past Springbrook Farm to intersection. (ON TRAIL at intersection). Turn R onto Spears Cemetery Rd. Go 0.6 miles. Turn left into the drive, park on the right, crewing is on the left. Parking is TIGHT here, please follow parking directions. You may crew in the area under the trees or in the field. Please do NOT go to the barn for any reason. HORSES ONLY use first driveway. Someone will tell you where to park, parking will be tight so please follow directions! Is it time for lighted & reflective gear yet??? *[from Hold #3 to Hold #4 it is 10.9 miles, about 20 minutes]*

PC#5 Smoke Rise (mile 52) Turn R out of hold #4 to Caper Hill Road. Turn L and go down Caper Hill Rd. returning to route 106. Turn R on route 106 North, go 3.1 miles (pass GMHA on right) to Morgan Hill Rd. which is just before the fire station, (fill up with water at the fire station). Turn R, go up Morgan Hill Rd 1.7 miles. Turn L onto Reeves Rd. (CREW VEHICLES ONLY, ROAD CLOSED TO ALL OTHER VT100 TRAFFIC), Go 0.5 miles to a dirt driveway on the L. Pull into the driveway. Horses will be coming out of the trail to your L as you pull in. Please drive up and turn around before crewing and do not block the trail as this area can be quite congested. Remind your rider that the trail splits as they leave: They go RIGHT, and runners straight. Lighted & reflective gear??? *[from Hold #4 to PC #5 it is 6.8 miles, about 15 minutes]*

PC#6 Ashley Pakenham's (mile 57) Turn R out of driveway. Go back up Reeves road. **DO NOT TURN L & GO DOWN REEVES ROAD IT IS CLOSED TO VT100.** Go 0.5 miles back to Morgan Hill Road. Turn L onto Morgan Hill Road, which will turn into Rush Meadow Road (at 0.2 miles stay left on Rush Meadow) Stay on Rush Meadow Road for 2.1 miles to Bryant Road. Turn L on Bryant Road go 0.3 miles to Queen Victoria Road. Turn R on

Queen Victoria (class 4 road it is rough) and go left into the field. Lighted & reflective gear??? [*from PC #5 to PC #6 it is 3.4 miles, about 9 minutes*]

HOLD #5 O&H Farm (mile 63) 6pm - 12:30am 30 minute hold
Go back out to Bryant Road, Turn R, go 0.6 miles to Silver Hill Triangle (ON TRAIL) Turn R and continue on Silver Hill Rd. for 1.7 miles (ON TRAIL!). Turn R on Brownsville/Hartland Rd. Go 1.2 miles. Turn sharp L onto Coon Club Road. (ON TRAIL) Go 1.0 mile, Turn R onto Trafton Rd. to O&H Farm, Turn R at the first driveway. Please park on the grass to the right of the arena. If you do not have 4WD, please park in the ring, which is on the right before you get to the hold area! Parking is TIGHT, please park two deep, you can still get out. Please remind your rider to put on some form of lighted gear visible from both front AND back! [*from PC #6 to Hold #5 it is 4.6 miles, about 13 minutes*]

PC#7 Polly Smith's Little Brook Farm (mile 70) Turn L to leave O&H Farm onto Trafton Road, Turn L onto Coon Club Rd. (ON TRAIL 1 MILE TO THE PAVEMENT). Turn sharp R onto Brownsville/Hartland Rd. Go 2.8 miles to the SECOND Hammond Hill Rd. sign (first sign is 0.5 mile). Turn R at Hammond Hill Road, CAUTION: RIDERS AND RUNNERS CROSSING AT THIS POINT. Go 0.4 miles, Turn L just after the barn into the driveway. This is also a runner crewing station and will have lights, roped off areas and people, please park where directed. This is a very fragile and congested crew area, please do as told! Return to the road to crew your rider. Polly will have a water trough on the road. She and her guests are available to help anyone who might need it. Absolutely no parking on the road, the constable lives next door! Please be very careful about leaving anything behind or we will lose this privilege. [*from Hold #5 to PC #7 it is 4.1 miles, about 10 minutes*]

FINISH – Silver Hill Meadow (75 miles) Finish by 3:15 am
Return to the paved road the way you came in. CAUTION – RIDERS AND RUNNERS CROSSING PAVED ROAD. Turn L on Brownsville Hartland Road, Go 1.7 miles to Silver Hill Road. Turn R on Silver Hill Road, go 1.7 miles to triangle (ON TRAIL for some of Silver Hill). Turn R at the triangle to Silver Hill Meadow. **NO**

TRUCKS AT THE FINISH LINE. Please leave items at the finish before you leave camp and/or carry items to the designated area. Water will be available at the finish. Riders can go to their rigs before their completion exam. The finish timer will be in the tent at the finish line. You **MUST** have a finish time on the rider's card in order to complete the completion exam. *[from PC#7 to Finish it is 4 miles, about 15 minutes)*

HOLD TIMES FOR 75 MILE RIDERS			
	Opens	Closes	Hold time
Hold #2: High Brook	9:45 am	1:30 pm	45 min
Hold #3: Mitchell's	1:00 pm	5:45 pm	50 min
Hold #4: Tuacknbach	3:00 pm	8:45 pm	45 min
Hold #5: O&H	6:00 pm	12:30 am	30 min
<i>Closing time means pulse time</i>			

If you need assistance, ham radio operators are located at or near each of the holds (at the runner aid stations). Horse ambulance will be available at holds or you may transport your own horse. Cell coverage in Vermont is sporadic.
 Ride manager: Pam Karner 607-280-2282
 Jo Steele 603-208-7005

MOONLIGHT IN VERMONT 50 PIT CREW DIRECTIONS

Maximum finish time 2:00 am

ABSOLUTELY NO CREWING OTHER THAN AT THESE LOCATIONS! PLEASE DO NOT TAKE ANY SHORTCUTS!

These directions get you there with minimal driving on trail.

DO NOT dump grain at holds. Landowners' dogs eat it and then get sick on the house carpet! THANK YOU!

HOLD #A Silver Hill Meadow (mile 13) 3 - 4:30pm *Mandatory 15 minute stop and go.* No need to go anywhere: the riders take a 13-mile loop back to base camp. Crews need to keep track of time and time cards and get their rider out. Riders may go to their rigs if they wish.

You MAY use the tanks at the finish line for this hold.
Please return any unused water to the hold tanks.

HOLD #4 Tuacknback (mile 21) 3 - 7pm 45 min hold

Turn L out of camp, go up Silver Hill, stay right at the triangle. Turn R at Bryant Road onto Rush Meadow (1.4 mi). Stay on Rush Meadow which turns into Morgan Hill (5.2 miles) until you get to Rte 106 (paved road). At the pavement, Turn L onto Route 106 South. Go 3.1 miles to Caper Hill Rd (across from a logging operation). Turn L, Go 0.9 miles up the hill past Springbrook Farm to the intersection at the top of the hill. (ON TRAIL at intersection). Turn R onto Spears Cemetery Rd. Go 0.6 miles. Turn left into the drive, park on the right, crewing is on the left. Parking is TIGHT here, please follow parking directions. You may crew in the area under the trees or in the field. Please do NOT go to the barn for any reason. HORSES ONLY use first driveway. Is it time for lighted & reflective gear yet??? [*from camp to Hold #4 it is 11.2 miles, about 25 minutes*]

PC#5 Smoke Rise (mile 25) Turn R out of hold #4 to Caper Hill Road. Turn L and go down Caper Hill Rd. returning to route 106. Turn R on route 106 North, go 3.1 miles (pass GMHA on right) to Morgan Hill Rd. which is just before the fire station, (fill up with water at the fire station). Turn R, go up Morgan Hill Rd 1.7 miles.

Turn L onto Reeves Rd. (CREW VEHICLES ONLY, ROAD CLOSED TO ALL OTHER VT100 TRAFFIC), Go 0.5 miles to a dirt driveway on the L. Pull into the driveway. Horses will be coming out of the trail to your L as you pull in. Please drive up and turn around before crewing and do not block the trail as this area can be quite congested. Remind your rider that the trail splits as they leave: They go RIGHT, and runners straight. Lighted & reflective gear??? *[from Hold #4 to PC #5 it is 6.8 miles, about 15 minutes]*

PC#6 Ashley Pakenham's (mile 30) Turn R out of driveway. Go back up Reeves road. **DO NOT TURN L & GO DOWN REEVES ROAD, IT IS CLOSED TO VT100.** Go 0.5 miles back to Morgan Hill Road. Turn L onto Morgan Hill Road, which will turn into Rush Meadow Road (at 0.2 miles stay left on Rush Meadow) Stay on Rush Meadow Road for 2.1 miles to Bryant Road. Turn L on Bryant Road go 0.3 miles to Queen Victoria Road. Turn R on Queen Victoria (class 4 road it is rough) and go left into the field. Lighted & reflective gear??? *[from PC #5 to PC #6 it is 3.4 miles, about 9 minutes]*

HOLD #5 O&H Farm (mile 36) 6 - 11:30pm 30 min hold

Go back out to Bryant Road, Turn R, go 0.6 miles to Silver Hill Triangle (ON TRAIL) Turn R and continue on Silver Hill Rd. for 1.7 miles (ON TRAIL!). Turn R on Brownsville/Hartland Rd. Go 1.2 miles. Turn sharp L onto Coon Club Road. (ON TRAIL) Go 1.0 mile, Turn R onto Trafton Rd. to O&H Farm, Turn R at the first driveway. Please park on the grass to the right of the arena. If you do not have 4WD, please park in the ring, which is on the right before you get to the hold area! Parking is TIGHT, please park two deep, you can still get out. Please remind your rider to put on some form of lighted gear visible from both front AND back! *[from PC #6 to Hold #5 it is 4.6 miles, about 13 minutes]*

PC#7 Polly Smith's Little Brook Farm (mile 43) Turn L to leave O&H Farm onto Trafton Road, Turn L onto Coon Club Rd. (ON TRAIL 1 MILE TO THE PAVEMENT). Turn sharp R onto Brownsville/Hartland Rd. Go 2.8 miles to the SECOND Hammond Hill Rd. sign (first sign is 0.5 mile). Turn R on Hammond Hill Road, CAUTION: RIDERS AND RUNNERS CROSSING AT THIS POINT. Go 0.4 miles, Turn L just after the barn into the driveway.

This is also a runner crewing station and will have lights, roped off areas and people, please park where directed. This is a very fragile and congested crew area, please do as told! Return to the road to crew your rider. Polly will have a water trough on the road. She and her guests are available to help anyone who might need it. Absolutely no parking on the road, the constable lives next door! Please be very careful about leaving anything behind or we will lose this privilege. *[from Hold #5 to PC #7 it is 4.1 miles, about 10 minutes]*

FINISH – Silver Hill Meadow (48 miles) Finish by 2:00 am

Return to the paved road the way you came in. CAUTION – RIDERS AND RUNNERS CROSSING PAVED ROAD. Turn L on Brownsville Hartland Road, Go 1.7 miles to Silver Hill Road. Turn R on Silver Hill Road, go 1.7 miles to triangle (ON TRAIL for some of Silver Hill). Turn R at the triangle to Silver Hill Meadow. **NO TRUCKS AT THE FINISH LINE.** Please leave items at the finish before you leave camp and/or carry items to the designated area. Water will be available at the finish. Riders can go to their rigs before their completion exam. The finish timer will be in the tent at the finish line. You MUST have a finish time on the rider’s card in order to complete the completion exam. *[from PC#7 to Finish it is 4 miles, about 15 minutes)*

HOLD TIMES FOR 50 MILE RIDERS			
	Opens	Closes	Hold time
PC #A	3:00 pm	4:30 pm	15 min stop & go
Hold #4: Tuacknbach	3:00 pm	7:00 pm	45 min
Hold #5: O&H	6:00 pm	11:00 pm	30 min
<i>Closing time means pulse time</i>			

If you need assistance, ham radio operators are located at or near each of the holds (at the runner aid stations). Horse ambulance will be available at holds or you may transport your own horse. Cell coverage in Vermont is sporadic.
 Ride manager: Pam Karner 607-280-2282
 Jo Steele 603-208-7005

Myhre Equine Clinic



Your horse deserves the best and most economical Medical/Surgical care in New England!

We have all the advanced diagnostics: MRI, CT, Nuclear Medicine, U/S, Digital X-rays and the most experienced caring Veterinarians and staff.

New England Regional
Veterinary Imaging Center
(at the site of the Rochester Equine Clinic)
Rochester, New Hampshire

Dr. Grant Myhre
Director of Myhre Equine Clinic

603-335-4777
www.MyhreEquine.com
www.NE.veterinaryimaging.com

Evergreen Equine *of Vermont*

OUR GOAL IS TO HELP YOU MAXIMIZE YOUR HORSE'S HEALTH AND PERFORMANCE

Comprehensive Equine Healthcare

- Farm & Clinic Visits Available
- Wellness Exams/Vaccinations
- Pre-purchase Exams/Lameness Evaluations
- Digital X-ray/Ultrasound/Endoscopy
- Small Ruminant Care

Special Interest In:

- Equine Dentistry
(Member American Veterinary Dental Society)
- Veterinary Acupuncture
(NAC Certified, Acupuncturists For Large & Small Animals)
- Animal Chiropractic
(NCCA Certified, Chiropractors For Large & Small Animals)

Heather K. Hoyns, DVM
www.EvergreenEquineVT.com

802-484-9100 | PO Box 126 | READING, VT 05062



Vermont 100 sponsors wish all of the riders the best of luck! Have a great ride!

Vermont 100 Ride & Run



TRIPLE CROWN

2018 USA Northeast 100-Mile Challenge

Current AERC members who complete **all three** of these AERC Northeast Region 100-mile rides on the same horse in the same year will receive special recognition and a USA Northeast 100-Mile Challenge Triple Crown award:

Old Dominion 1-Day 100 Mile Endurance Ride

June 9, 2018 Orkney Springs, VA

Contact: Diane Connolly, www.olddominionrides.org

Vermont 100

July 21, 2018 W. Woodstock, VT

Contact: Pam Karner, DVM drpamkarner@gmail.com

Northeast Challenge

August 25, 2018 Buckfield, Maine

Contact: Blaine Jack, b.d.jack@hotmail.com

Awards will be sponsored by **USA Northeast International Endurance**, with riders & horses automatically tracked based on AERC completion information (no formal enrollment required). A special award will be given to the horse/rider combination with the best overall ride time at all three 100-mile events. We'll also provide a Rookie award if either the horse or rider completes his/her first 100-miler as part of this series.



All Triple Crown winners will be recognized through several outlets, including *Endurance News* magazine, the AERC Extra newsletter, and the Awards portion of AERC's annual convention.

Entry forms for these three 100-mile AERC rides may be found at www.aerc.org.